

1 County Road
Town, Indiana 49999

Julie Foodie

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Sports Nutrition Sweat Study of Softball Girl Team/USI

Evansville, IN

Hours Volunteered: 4 hours

9/2021

- o Conducted individualized sweat study of 25 college students during one team practice

Women, Infants, and Children (WIC) Clinic/Vanderburgh County Health Department

Evansville, IN

Hours Volunteered: 3 hours

4/2021

- o Answered dietary questions at local WIC funded Farmer's Market
- o Led gardening activity in planting tomato seedlings for 6 children between 5 and 10-years old

Marketing Project Hours Volunteered: 4 hours

4/2021

- o Made original bulletin board material for benefits of gardening

Southwest Academy of Nutrition and Dietetics (SWIAND)

Evansville, IN

Hours volunteered: 3 hours

10/2020

- o Designed original education material for social media posts

Interprofessional Education

Nursing

Educated 25 nursing students in estimating grams of carbohydrates in patient tray models

- o Asked nursing students to estimate grams of carbohydrates on their own, answered questions or provided insight on certain food items
- o Reviewed each item on the tray and provided the correct grams of carbohydrates

Respiratory Therapy

Collaborated with 3 respiratory therapy students in a chronic obstructive pulmonary disease case study of a 50-year-old male patient with type 2 diabetes

Created a dietary plan considering all health factors and financial constraints for food purchases

Job Shadow

Memorial Hospital and Health Care Center

Jasper, IN

Cardiology Department: 5 hours

5/2021

Observed